

# Ultimate Well-Being Newsletter

Issue 15

January 2011

**SET YOURSELF FREE...with Leading Australian EMOTIONAL FREEDOM SPECIALIST**

## From My Heart to Yours

Hi and Welcome to my first Newsletter for 2011,

Well 2011 is off to a flying start with a flurry of activity as I have been organising and coordinating FasterEFT's creator Robert Smith's 3<sup>rd</sup> Australian tour. We held seminars in Queensland, which was very timely given the devastating floods and the feelings of grief and loss being experienced up there. I'm sure all our thoughts are with our fellow Australians in these difficult times. The seminar went fantastic and Robert was well received as always. The next series of seminars take place in Melbourne in the coming weeks and I hope to see you all there. Remember 2011 is a very significant year, it's very important to keep thoughts positive and focus on what you want in life. 2011 is the year of manifesting what you want in life, so make it your year to *Shine*.

*Love and Light*

*Pam*

---

**"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will." - Vince Lombardi**

I love this quote. It gives us all a sense of hope, don't you think? It indicates to me that we are all on equal footing, that we can all achieve what we want to. It doesn't matter if we are not the smartest, we don't have to know everything, but what is important is commitment, determination and persistence. It's sticking at something through the hard times and keeping your eyes firmly on what you want to achieve until you reach your goal.

There are many well known people that were not the smartest, who were ridiculed at school, were bullied, had learning difficulties, and were told they would never amount to anything. And yet, they have succeeded. We know who they are, because they were determined and didn't let the naysayers or the knockers define who they were or what they could achieve. For example, Richard Branson is dyslexic and struggled at school, John Lennon was told he would never amount to anything; Oprah Winfrey experienced poverty and abuse.

So what made these people continue to believe in themselves when others certainly didn't? What made them persist in their goals so that now they are household names?

Jerry Gillies said "The strongest single factor in prosperity consciousness is self-esteem: believing you can do it, believing you deserve it, believing you will get it."

Sounds great doesn't it, to believe in yourself. What could we all achieve by simply believing in ourselves? Sometimes we can have an Inner Critic or even an Inner Conflict which makes it more difficult for us to reach

our goals. Often we subconsciously (or consciously) sabotage ourselves. So what if we could combat this Inner Critic, what if we could rid ourselves of these Inner Conflicts once and for all? Well, now you can with FasterEFT, which is the fastest, simplest, most effective way I have discovered to release yourself from these chains that bind you (your inner critic and inner conflicts). Give me a call now on **1800 814 313** to find out how you can achieve your goals and the live the life you were meant to.

---

## **“Remove the Roadblocks to your Success and take your Business to the next level”**

### **Specialty Practitioners workshop:**

You may have the knowledge, but we help you remove any blocks, thus allowing you to apply that knowledge effectively to create a successful and thriving business.

This practical workshop is full of marketing tips and strategies that will assist you expand your clientele, breakthrough the blocks to your success and take your business to the next level.

Phone me now on **1800 814 313** to register your interest in this exciting new workshop.

“Success is not final, failure is not fatal: it is the courage to continue that counts.” -  
Winston Churchill

---

### **Your Last Chance to Discover a Stress Free Life!**

Robert Smith is an International expert on Stress Management and relief and is offering you the opportunity to see him live this Friday 28<sup>th</sup> January 2011. This *free talk* will take place at the Dallas Brookes Centre 300 Albert St, Melbourne from 6-8pm. He will also be following his free talk up with a weekend seminar and level 1 & 2 training in FasterEFT. This is a rare opportunity to truly transform your life. For further details go to <http://www.pamwright.com.au/events/events.php>

By the way, if you haven't experienced the FasterEFT phenomenon you are truly missing out. I have always been a huge advocate for EFT, but FasterEFT simply knocks it out of the ball park. I have never seen such amazingly fast, easy and significant results until I experienced FasterEFT. In those immortal words, 'Do yourself a favour' and experience FasterEFT for yourself, you won't regret it.

---

**“If you can Love Yourself when you're alone, fat, broke and unsuccessful; this is true unconditional love that allows you to have it all.” Pam Wright**

---

### **Plans for the year**

6 week Weight Loss program in Geelong and Drysdale in February.

Continuing the Faster Raving Tappers monthly seminar in Melbourne (for those who have attended Robert's seminars)

I will continue to see Clients in person at **Geelong** (my main base)

**Burwood** the first Monday every month and **Gippsland** every two months.

Phone Clients are available by appointment 1800 814 313